

# SHAMANICA

Embodiment of the Wild Woman

Women's Wisdom Wachuma Retreat



## ITINERARY

### When?

Start date: 3<sup>rd</sup> October 2022

End date: 14<sup>th</sup> October 2022

### Setting

SHAMANICA is limited to 14 women to provide a powerful space for expansion, awareness, deepening and exploration.

### What's included?

- All meals
- Mountain herbal tea
- Kangen drinking water
- Accommodation in 5 star retreat center
- Airport transfers
- Medicine ceremonies
- Andean massage
- Sound Healing
- Coca leaf reading
- Yoga

# What's Not included?

- International flights
- Domestic flights
- Snacks and drinks
- Gratuities / tips

# Pricing

## Tipi accommodation

- Full Price USD \$2,797
- Early Bird USD \$2,297

## Shared occupancy with ensuite

- Full Price USD \$3,237
- Early Bird USD \$2,737

## Deluxe single occupancy with ensuite

- Full Price USD \$3,737
- Early Bird USD \$3,237

A non-refundable deposit of USD \$1,000 is required to reserve your spot.

Payment plans are available. Please contact Jaime to discuss details.



## Day 1 | 3rd October 2022

- 11am arrival to the Munay Sonqo retreat center. You will have time to settle into your room and meet the other ladies.
- 12pm Lunch
- 2 pm Opening circle
  - Despacho ceremony (offering to pachamana)
  - Coca leaf reading
  - Fire ceremony
- 7 pm Dinner

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## Day 2 | 4th October 2022

- 7 am Breakfast
- 9 am Medicine ceremony
- 7pm Dinner
- 8 pm Evening by the fire

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## Day 3 | 5th October 2022

- 7 am Morning yoga
- 8 am Breakfast
- 10 am Sharing and integration circle
- 1 pm Lunch
- 3 pm Sound healing
- 7 pm Dinner



## Day 4 | 6th October 2022

- 7 am Breakfast
- 9 am Medicine ceremony
- 7 pm Dinner
- 8 pm Evening by the fire

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## Day 5 | 7th October 2022

- 7 am Morning yoga
- 8 am Breakfast
- 10 am Sharing and integration circle
- 1 pm Lunch
- 3 pm Massage
- 7 pm Dinner

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## Day 6 | 8th October 2022

- 7 am Breakfast
- 9 am Medicine ceremony
- 7pm Dinner
- 8 pm Evening by the fire



## Day 7 | 9th October 2022

- 7 am Morning yoga
- 8 am Breakfast
- 10 am Sharing and integration circle
- 1 pm Lunch
- 3 pm Shamanic Healing
- 7 pm Dinner

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## Day 8 | 10th October 2022

- 7 am Breakfast
- 9 am Medicine ceremony
- 7 pm Dinner
- 8 pm Evening by the fire

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## Day 9 | 11th October 2022

- 7 am Morning yoga
- 8 am Breakfast
- 10 am Sharing and integration circle
- 1 pm Lunch
- 2 pm Free afternoon
- 7 pm Dinner



## Day 10 | 12th October 2022

- 7 am Breakfast
  - 9 am Medicine ceremony
  - 7 pm Dinner
  - 8 pm Evening by the fire
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## Day 11 | 13th October 2022

- 7 am Morning yoga
  - 8 am Breakfast
  - 10 am Sharing and integration circle
  - 1 pm Lunch
  - 3 pm Closing ceremony
  - 7 pm Dinner
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## Day 12 | 14th October 2022

- 8 am Breakfast
- 10 am Departures





## ABOUT ME

Jaime Amadio is an international medicine woman and transformational coach who leads people through intensive retreats, coaching programs and deep emotional healing from unresolved issues from the past.

Jaime is gifted in reframing perspectives and transforming limitations to reveal the passions that will never leave you wondering why you're here.

As a fully trained shamanic healer and transformational coach, she has a special ability to see through to the heart of a situation and reveal the inner truth of the matter. Inspired to help everyone rise and share their gifts with the world, Jaime naturally attracts those looking for answers.

