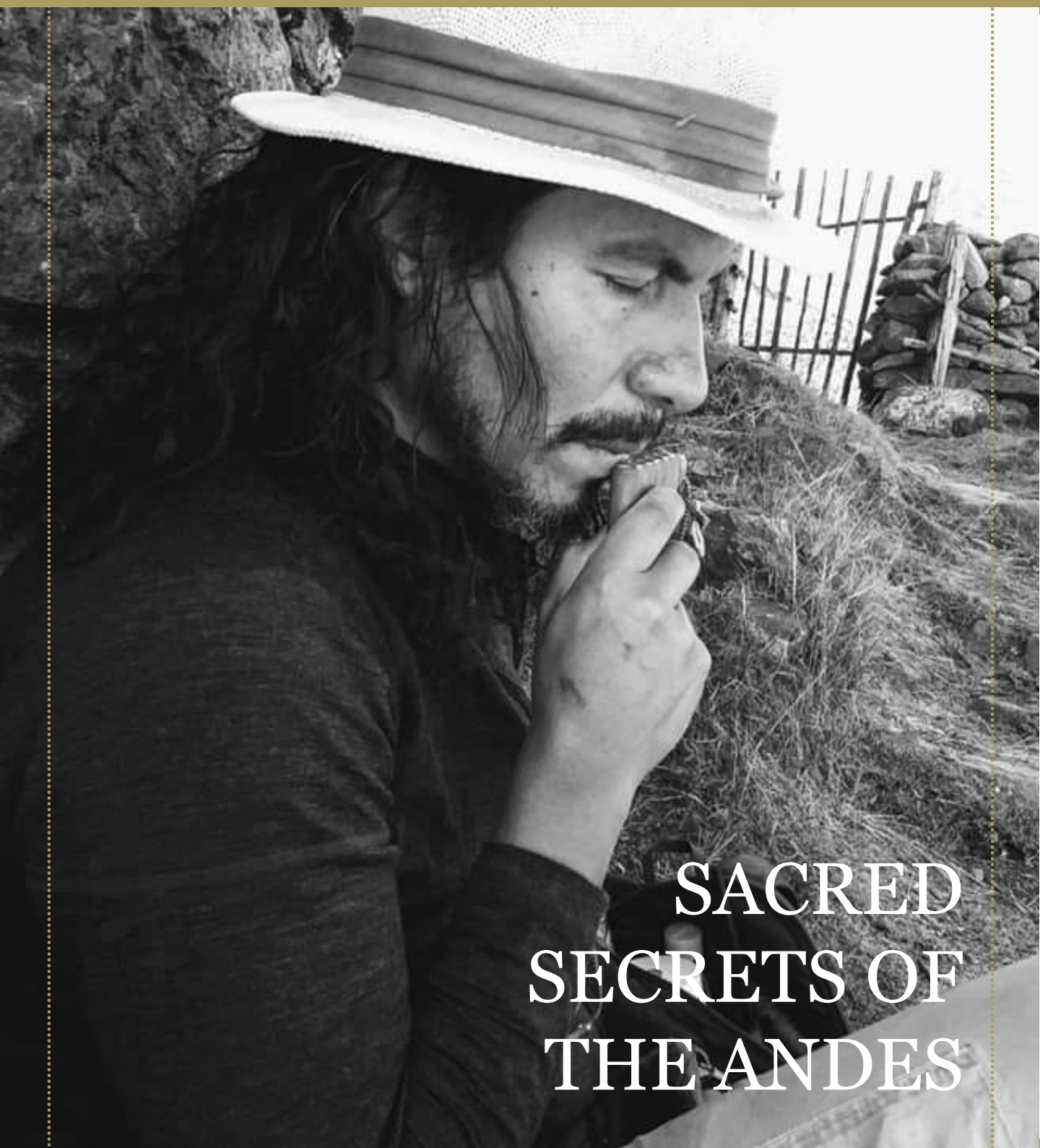


Experience the Ancient Culture
of the Sacred Valley, Peru



SACRED SECRETS OF THE ANDES

ITINERARY

2nd to 15th August 2022

When?

Start date: 2nd August 2022

End date: 15th August 2022

What's the purpose?

Travelling with Peruvian Shaman, Healer and Wisdom Keeper, Javier De La Torre and Medicine Woman, Change Catalyst and Transformational Coach, Jaime Amadio you will be working with the ancestral medicine, Wachuma (also known as San Pedro), where you will experience a deeply profound heart opening that will assist in seeing through veils of illusion. This medicine has been used for more than 3,000 years in Peru to remove the ego and open space for us to see, feel and experience our lives as an ascended master, as pure love. Removing all limitations, you will embody the experience of no ego and separation.

What's included?

- 6 nights accommodation 4-star retreat center
- 6 nights accommodation 3-star hotels
- 2 nights accommodation homestay
- All breakfasts and dinners
- All transportation
- Transfers to and from Cusco airport
- Entrances fees to archeological sites
- Train to Machu Picchu (round trip)
- Buses to Machu Picchu (round trip)
- Private guided tour in Machu Picchu
- All San Pedro and despacho ceremonies
- Coca reading



What's not included?

- International flights
- Domestic flights
- Meals where not stated
- Snacks and drinks
- Gratuities / tips

Setting

This retreats is limited to 12 people to provide a powerful space for expansion, awareness, deepening and exploration.

Pricing

Full Price USD \$3,997

Early Bird USD\$3,597
(when paid in full by 1st July 2022)

SINGLE SUPPLEMENT IS AN EXTRA
USD\$1,500

A non-refundable deposit of USD\$1,000 is required to reserve your spot.



Health note

All travelers need to be in good physical health in order to participate fully on this trip. Part of this trip requires hiking up mountains in altitude, so it is advised for people to have good fitness. Before partaking in the journey, we suggest you get used to walking long distances, or are very active in your life. You should consult your doctor for up-to-date medical travel information or for any necessary vaccination requirements before departure.

Altitude sickness

Parts of the trip go above 2,800 meters / 9,200 feet where it is common for travelers to experience some health effects due to the altitude - regardless of your age, gender and fitness. **We recommend arriving in Cusco at least 3 days before the start of the tour to avoid altitude sickness.** Cusco is 3,400m above sea level and it can take a few days to acclimatize to the lower oxygen levels.

What's next?

Upon registration, a welcome pack will be sent with information containing detailed logistics such as pre and post trip accommodation, suggested travel insurance, currency and ex-change options plus the all important list of what to bring and how to prepare for this experience.



Day 1 – 2nd August | Sacred Valley

Bienvenidos!. We will meet at the Munay Sonqo retreat center where you will have time to settle into your room and meet the other group members. Once settled, we will gather for an introduction meeting to go over all the exciting activities we have planned for our journey. We will also enjoy a Despacho Ceremony involving a clearing of the personal energy field and reconnecting with the Andean Spirits. In the evening we have a welcome dinner for traditional Peruvian cuisine and enjoy meeting our fellow travelers and our tour leaders, Javier and Jaime. Lodging in the Sacred Valley

Day 2 – 3rd August | Marka Cocha (Wachuma Ceremony)

Today we have our first opportunity to work with Wachuma (San Pedro). It is important to work with this medicine as part of a sacred ceremony with the protection of the ancestral spirits. With Javier's and Jaime's guidance you can reconnect with the ancestral energy that is ready to help you heal and transform your life. This full day of healing will allow us to deepen our connection to our inner self as well as the land we are visiting. We will also learn about the concept of *Ayni*, the fundamental aspects of the Andean Cosmivision that allow us to better understand the unique reciprocal relationship the Andean people have with the earth. By understanding that love is always a reciprocal relationship (love for people, for nature, for the planet) we can reassess our lives and how we treat ourselves and the world around us.

Lodging in the Sacred Valley.



Day 3 – 4th August | Ollantaytambo

After breakfast, we will have our first sharing and integration circle to process our insights from the ceremony yesterday. Then after lunch we will visit the village of Ollantaytambo, the Sanctuary of the Wind, an ancient observatory and ceremonial center set amongst impressive hillside terraces. Visit the Temple of the Sun and the Royal Baths and foundations for a shamanic energy experience where we will connect with the elements of earth, water, air and fire.

Lodging in the Sacred Valley.

Day 4 – 5th August | Puma Marka (Wachuma Ceremony)

Nestled in the mountains above Ollantaytambo are the ruins of Puma Marka, known as “the place where the Puma embraces you”. Feel the presence and energy of masters who dedicated their lives to service and continue to help those who set foot on this sacred land. Be prepared to experience a deep healing and receive infinite blessings from these all loving spirits.

Lodging in the Sacred Valley.



Day 5 – 6th August | Integration Day

Today we will relax in the comfort of the retreat center. You will have the opportunity to have an Andean Massage.

Lodging in the Sacred Valley.

Day 6 – 7th August | Ñaupa Iglesia (Wachuma Ceremony)

After breakfast we will visit the enigmatic and mystical place of Ñaupa Iglesia where you will feel a great spiritual energy. This place is considered to be a very special huaca, an Incan portal to other dimensions.

Lodging in the Sacred Valley.

Day 7 – 8th August | Travel to Aguas Calientes

After breakfast, we will ride the train along the Urubamba River to the charming village of Aguas Calientes. Free afternoon to explore the town with the option visit to the hot springs.

Lodging in Aguas Calientes.



Day 8 – 9th August | Machu Picchu

After an early breakfast, we will take the bus to the sanctuary of Machu Picchu for our spiritual awakening. The Cristal Condor City is an inspiring place, an architectural wonder and great testament to the Incan Civilization. Once used primarily as an astronomical observatory and place of pilgrimage, Machu Picchu now attracts thousands of visitors each year to connect with the sacred energies and ancient wisdom. Because it sits within three corresponding high peaks of power which create an energy triangle, it is a perfect spot to meditate and focus your intent and expand your awareness.

During our time here we will visit the Temple of the Sun, Temple of the Condor, Temple of the Three Windows and the spiritual center of the Intihuatana, the hitching post of the sun.

Lodging Aguas Calientes.

Day 9 – 10th August | Travel to Pisac

After breakfast, we will take the train back to Ollantaytambo where our private bus will be waiting to take us to the picturesque town of Pisac. Here you will have the opportunity to explore the markets for incredible gifts, or to visit the historic Pisac ruins.

Lodging Pisac



Day 10 – 11th August | Muyuwiqsa (Wachuma Ceremony)

We will take an early morning drive through the Sacred Valley, to the native highland communities where we will reach Apu Muyuwiqsa for our next wachuma ceremony. Muyuwiqsa is a sacred feminine mountain covered in vortexes, portals, gateways and divine creative forces. Known as the “Rock Forest” because of the unusual rock formations, there are animals and beings everywhere. You may even be lucky enough to spot a puma or wild mountain cat. We will enjoy dinner of traditional soup and potatoes with a beautiful family in the Chaihautiri community. After dinner, view the incredible handmade Andean alpaca weavings this community is famous for.

Lodging Pisac

Day 11 – 12th August | Travel to Ausangate

Today we begin our journey to visit the “Great Chief” of the Cusco Valley, Apu Ausangate. Arriving at the community of Pacchanta near the base of the Ausangate glacier, we will have time to relax in the natural hot springs before having a home cooked meal prepared by the family hosting us in their simple homestay. After dinner, we will take part in a Despacho Ceremony to prepare us for honoring the “Maestro” and giving our thanks for our time there.

Lodging, Ausangate Homestay.



Day 12 – 13th August | Ausangate (Wachuma Ceremony)

After breakfast, begin a spectacular trek to the glacial lakes of Ausangate. Arriving around midday at Laguna Otorongo, meaning Jaguar Lake, you will be given the karpay ritual of initiation. Shamans have been coming to this lake in pilgrimage for their initiation for millennia. Upon returning to the village in the evening we will enjoy some time in the hot springs and a farewell meal for those that are ending their journey here. Lodging in Ausangate Homestay.

Day 13– 14th August | Ausangate to Cusco

Today we will make the journey back to Cusco in the comfort of our private bus. In the evening we will have our last sharing and integration circle. Lodging in Cusco.

Day 14– 15th August | Cusco

Explore the ancient temples in the hills above Cusco. Saqsaywaman, The Puma Head of the Incan empire, is a site of incredible monoliths and mysterious tunnels. In the evening we will have our last dinner together before we say farewell in the morning. Lodging in Cusco.





JAVIER DE LA TORRE

Born in the north of Peru, Javier trained with many shamanic traditions around the world where he mastered how to channel star beings and the elements.

He is connected with the spirits of the medicine ancestors and dragon energy.

Gifted in healing the soul of unresolved issues from past lives, he connects people with their origin and source energy. Javier helps people remember where they come from, and how to take their place in this life by using his voice to channel sounds from different sources, and instruments to help awaken the what has been forgotten by the mind but remembered in the soul.





JAIME AMADIO

Jaime Amadio is an international medicine woman and transformational coach who leads people through intensive retreats, coaching programs and deep emotional healing from unresolved issues from the past.

Jaime is gifted in reframing perspectives and transforming limitations to reveal the passions that will never leave you wondering why you're here.

As a fully trained shamanic healer and transformational coach, she has a special ability to see through to the heart of a situation and reveal the inner truth of the matter. Inspired to help everyone rise and share their gifts with the world, Jaime naturally attracts those looking for answers.

